



Band Camp Survival Guide

Band camp is intense... band camp is grueling... band camp is one of the best experiences you will have during high school! While camp is in session, everyone complains about it. When camp is over, everyone brags about having been there. Everyone swears that they'll never do it again... until the next year when they all come back. Band camp sets you apart from the rest of the school community - it bonds you together like no other group within the school. Being part of the Marching Band and attending band camp is a MAJOR accomplishment. It makes you part of a team where each and every member is equally important and equally necessary. Each of you possesses a unique talent that makes you special. The band faculty and staff respect you for your talent and for your commitment. We are here to make sure that you all succeed. You all make us very proud! Go Cougars!

What do I need?

You will need to have the following items for band camp - have them ready. Band camp is an intense experience and you will all be very tired. Try to get as many of these supplies as you can in advance to make your life easier.

- Medical form
- Your equipment (instruments, etc.) in good working order. (Woodwinds: bring extra reeds.)
- Your music. Practice it and start memorizing it.
- Pencils -sharpened with erasers. Bring more than one!
- Water container -we provide water, you provide a leak-proof container with your name on it. Camel backs are highly recommended. You can also bring your own bottled water, if you prefer.
- Sunscreen - being burnt to a crisp will not provide good camp memories.
- Sunglasses - marching band members are cool and need to look that way.
- Proper clothing - must follow the school dress code.
- Khaki shorts for first few football games.
- 8 ½ x 11" binder with clear protective sleeves.
- 3" x 5" spiral notebook. A snap hook or shoelace to attach the notebook to your person is a huge help.
- Food for lunches -coolers will be available, cooking facilities are not.

What do I need to bring and when?

First Day of camp

- Medical forms that are filled out and notarized. They must be received by the first day of camp - no exceptions.
- Items collected for band.

Every day:

- Enthusiasm and great attitude!
- Water container or bottled water -AN ABSOLUTE MUST.
- Lunch - label the bag!
- Sunglasses and sunscreen.
- Your equipment and music.
- Pencils.
- 1 - 8 ½ x 11" binder with sleeves.
- 1 - 3" x 5" spiral notebook.

What do I need to wear?

- Cool, comfortable clothing that meets the school dress code.
- White (or light colored) t-shirt.
- Athletic shorts.
- Socks and tennis shoes. NO SANDALS!
- Hats are OK – recommended, in fact.
- Don't wear jeans... they are HOT and you will regret it.
- Those with long hair should consider tying it up -it's much cooler that way.
- Try to bring clothes that dry fast -it helps keep you more comfortable.

Food and beverages:

- Bring a healthy lunch every day. Coolers will be provided. Make sure that you label your lunch bag so you can quickly identify it -there will be 100 of them there that look just like yours.
- Water is provided. You need a leak-proof container for it.

Other helpful information:

- Students must comply with WCPSS Behavior and Dress Code Policies.
- Be ready! Do some exercise in advance so that your body is prepared.
- Get plenty of rest... you'll need it.
- Eat a healthy breakfast each morning, early enough so the food can digest before you hit the field. Having a tummy ache will not get you excused.
- If you don't know, ask! The staff and veterans are here to help you.
- Don't worry about memorizing your music -by the time we're done, you'll get it.
- Don't worry about learning to move and play at the same time -we'll teach you.
- Uniforms will be fitted during the first week -you'll all look simply marvelous!

Participation in camp is mandatory and essential for all members. Please do not schedule appointments or other events that will require missing any band camp time, as you will not be excused to leave. We don't want you to miss out!

Most of all... have fun! Perform your best and enjoy the time we spend together... this is what it's all about!

Camp Schedule

Week 1

August 1	8 am – 5 pm
August 2	8 am – 5 pm
August 3	8 am – 5 pm
August 4	8 am – 5 pm
August 5	8 am – 5 pm

Week 2

August 8	8 am – 8 pm
August 9	8 am – 8 pm
August 10	8 am – 5 pm
August 11	8 am – 8 pm
August 12	8 am – 8 pm (Parent pot luck and 7:00 PM preview!)